



# Learning From the Sharing Circles

Métis Community Services Society of BC



This document summarizes insights from the Sharing Circles conducted for Métis Community Services Society of BC’s Program 4, held in the Fall of 2024. The purpose of the Sharing Circle was to gather the wisdom of youth and young adults who participated in the programs.

The summary highlights the main themes (recurring ideas throughout the Sharing Circle discussions), sub-themes (specific ideas, experiences, and insights within each theme), and select quotes that directly reflect the voices of the youth and young adults, organized according to the research questions.

## What did you like best about the program?

### Learning about Culture / Connecting to Culture

*“I really enjoyed the variety of activities that were offered. I feel like it was a good variety of things to get an introductory knowledge into the culture.”*

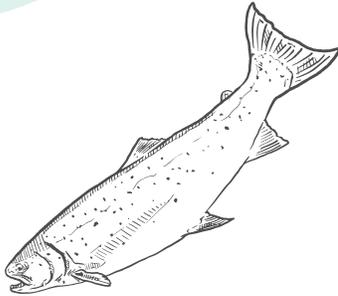
- Wide variety in cultural activities

### Building Community

- Youth connecting to each other & small group size



### Food Preservation



- Making jam



*“To be honest, it was the jam making”*

*“I feel like it helped build a sense of community. I liked how it wasn't such a big of a group, but it was a good size where I felt like I could connect with everybody”*



# What would you change or add for the next program?

## No suggested changes to program

- Not much to change
- Program is well-run

*"There's not much I would really change about it"*

*"I think it's a really well-run program with a lot of really good opportunities."*



## Not sure

*"Ya, I'm not really sure"*



## Anything else you want to share?

### Opportunities for Learning

- Open to all opportunities to learn culture

*"I can't speak for anyone but myself but I'm happy to learn and practice whatever I can. I find all knowledge is good knowledge and especially when it comes to this stuff"*



### Program structure and planning

- Simplifying programs and leaving time for visiting and storytelling
- Authenticity and engagement

### Youth openness to learning

- Positive learning space

### Gratitude and appreciation

- Gratitude for everyone sharing their stories
- Gratitude for organizers
  - Belonging

*"I really appreciate everybody's time and learning everybody's stories. Sharing that is really important, I think. It was pretty awesome. It was a good experience. Thank you"*

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